

Online Advanced Coaching Principles Course

TRP Module 2-4: Spotting Log Book

Name: _____

Date: _____

The candidate must demonstrate they can spot / support the progressions for each of the skills listed in the Spotting Log Book to complete the assessment task.

Apparatus: Skills	Candidate signature I can spot these progressions	Mentor signature	Print mentor's full name	Date
TRP SKILLS: Back twisting elements [#]				
TRP SKILLS: Front twisting elements [#]				
TRP SKILLS: Double back salto (tuck) ^{*#}				
TRP SKILLS: Half out [#]				
TRP SKILLS: Double front salto half out [#]				
TRP SKILLS: 1 ¼ back salto [#]				
SUPPLEMENTARY APPARATUS: Rig work for skills on TRAMP				
DMT SKILLS: Mounts – Barani [#]				
DMT SKILLS: Mounts – Rudi [#]				

*The candidate must demonstrate the ability to **hand spot** these specific skills.

The candidate must demonstrate the ability to **use a mat** for these specific skills

Apparatus: Skills	Candidate signature I can spot these progressions	Mentor signature	Print mentor's full name	Date
DMT SKILLS: Spotter – Barani [#]				
DMT SKILLS: Spotter – Back salto ^{*#}				
DMT SKILLS: Spotter – Back twist full [#]				
DMT SKILLS: Spotter – Rudi [#]				
DMT SKILLS: Dismount – Barani [#]				
DMT SKILLS: Dismount – Back salto ^{*#}				
DMT SKILLS: Dismount – Rudi [#]				
DMT SKILLS: Dismount – Back twist full [#]				
DMT SKILLS: Dismount – Half out [#]				
DMT SKILLS: Dismount – Double back salto ^{*#}				

*The candidate must demonstrate the ability to **hand spot** these specific skills.

The candidate must demonstrate the ability to **use a mat** for these specific skills

Note: Be sure to upload both signed pages to the LMS to complete the assessment task.

You must complete **two** Spotting Log Books

You'll need to complete both this Spotting Log Book and the Module 1 Spotting Log Book before attending the Module 2-4 Face to Face Course. See this page for more information: gymnastics.org.au/spottinglogbook or [download the Module 1 Spotting Log Book here](#).